## ST HELENS WELLBEING

## **Smiley Salt Dough Faces**



## Ingredients:

- . 1 cup flour
- . 1/2 cup salt
- . 1/2 cup water





## **Method:**

- . Mix the flour and salt together in a bowl.
- . Add the water slowly and mix together.
- Knead the mixture for 10 minutes, and leave to rest for 20 minutes.
- Create your faces by modelling the dough, or it can be rolled out in-between cling film to make a flat surface, and a circular cutter can be used to create your circular face shapes.
- When you have created your faces, place on baking parchment and bake at Gas mark 2 or 120 degrees centigrade or 250 degrees Fahrenheit for between 1.5 to 3 hrs (depending on size and thickness of your creations)
- When cool they can be painted and varnished.

