

Pizza pitta faces

Ingredients

- 4 wholemeal pitta breads
- 4 teaspoons tomato purée
- 1 teaspoon dried mixed herbs
- 8 thin cucumber slices
- 6 cherry tomatoes, halved
- 1 yellow or red pepper, deseeded and sliced crossways
- 40g reduced-fat cheese, grated

Method

- 1. Preheat the grill. Or if you prefer, cook these in an oven preheated to 180C (fan 160C, gas mark 4) for 8-10 minutes.
- 2. Spread I teaspoon of tomato purée over one side of each pitta bread. Sprinkle with the dried mixed herbs.
- 3. Arrange the cucumber and halved tomatoes on the pittas to resemble eyes, halved tomatoes for the noses, the sliced pepper to look like eyebrows and mouths, and the grated cheese for hair or beards. Place on the grill rack.
- 4. Grill for 4 to 5 minutes. Cool for a few moments, then serve. Information:

You could use white pitta breads, although the wholemeal ones give you more fibre.

