



Recipe

Lentil Soup

Ingredients

- 3 Carrots peeled and chopped.
- 3 Celery sticks chopped
- 1 Onion diced
- 2 Potatoes peeled and diced
- 1 Tin Chopped Tomatoes.
- 2 tbsp. tomato puree.
- 2 ltr vegetable stock.
- 4oz red lentils.

Step 1

Place the, vegetables, chopped tomatoes and puree into a large saucepan, bring to the boil then add the lentils.

Step 2

Reduce the heat and cook for approximately 30 minutes, or until the vegetables are tender.

Allow the soup to cool a little.

Step 3

Take half the soup and place into a jug.

Using a stick blender, whizz the soup in the pan until smooth. Pour in the soup from the jug and mix together.

Season and serve.