

# Recipe

## Chicken and Sweetcorn Soup

### Ingredients

- 1 can of creamed sweetcorn.
- 1 ½ - 2 cups of shredded cooked chicken.
- 4 cups of chicken stock.
- 1 egg.
- Pepper to taste



### Step 1

Place all ingredients, except the egg into a large saucepan. Bring to the boil; reduce heat to a gentle simmer.

### Step 2

Crack the egg into a cup, beat lightly and slowly pour the egg into the simmering soup, whipping the soup at the same time to form 'strings' of cooked egg.

### Step 3

A tablespoon of cornflour mixed with a little water can be added towards the end to thicken the broth if desired.

**Top tip!** If you can't find creamed sweetcorn place a full tin of sweetcorn in a blender and blend until smooth!